

Department of Swasthavtitta & Yoga



1) Sooryanamaskar Day

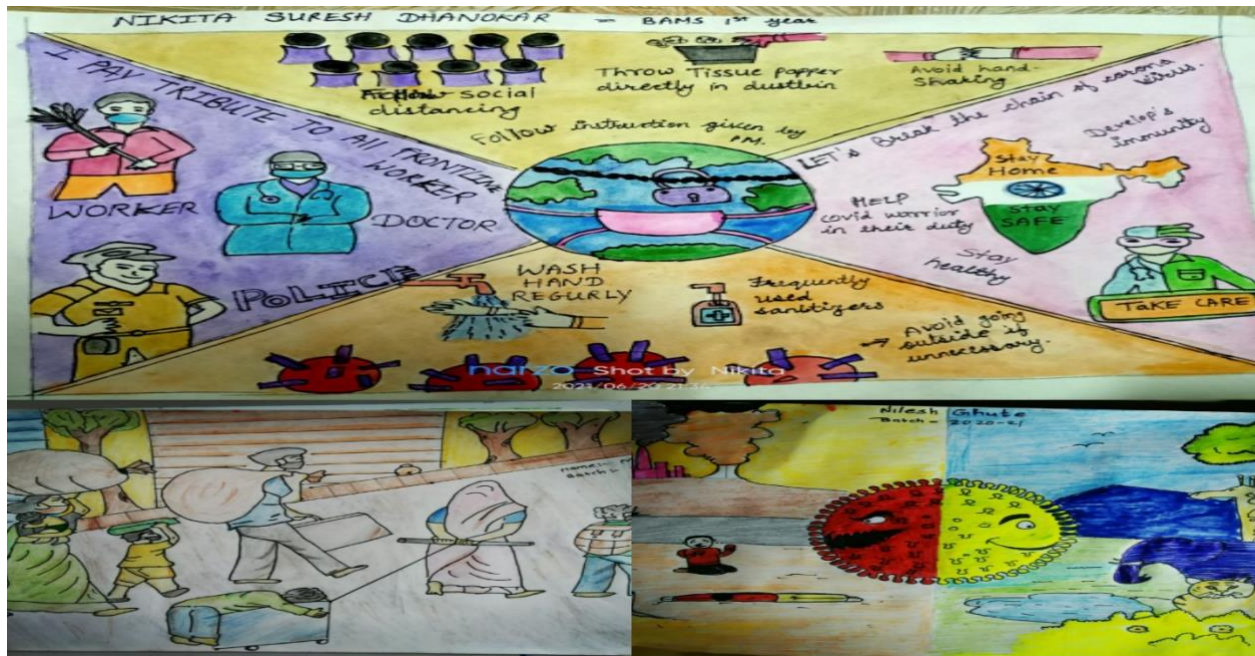


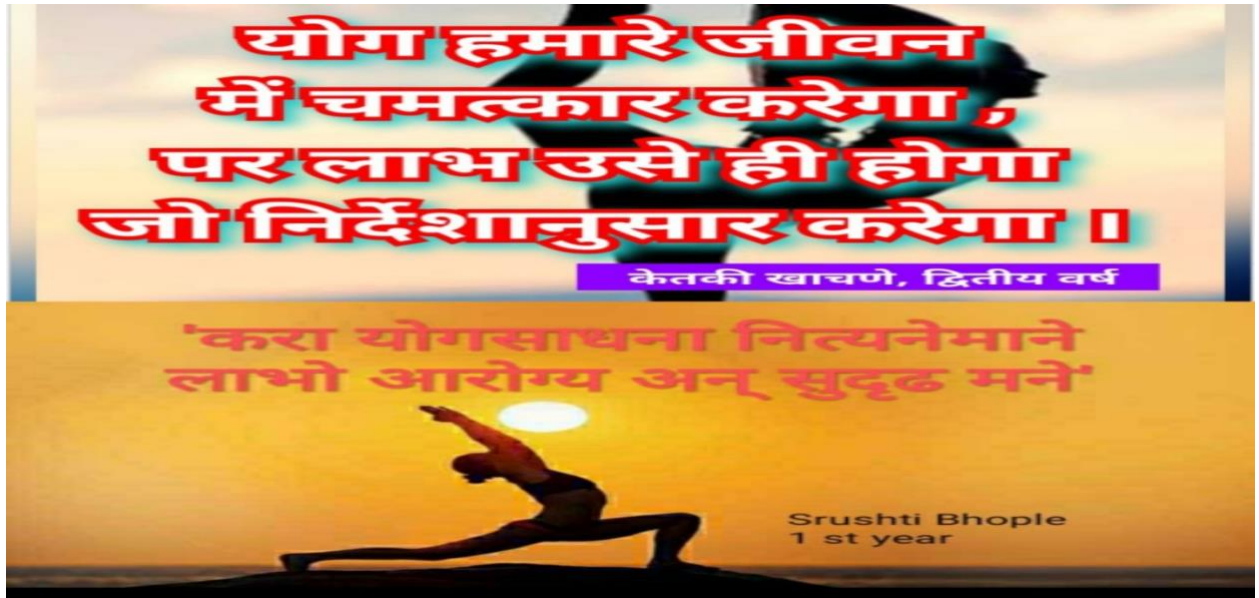
2) IYD celebration

3) Rangoli Competition



4) Poster Competition





5) Slogan competition

6) Activities by Students



7) Yogasan By Students





8) Yoga Dindi



9) Slow/Medium Learner Activity



10) Group Activities



11.) Aahar/ Yoga Margadarshan



11) Ritucharya Model



12) Asanas practices

